

# Providing Prevention Practices in Ohio's Mental Health System

Prevention Content  
Work Group

May 22, 2007



# Making An Investment In Prevention

...the time is now

...the time is right

- Ohio's Shared State Agency Prevention Framework
- Ohio's Transformation State Incentive Grant
- Synergy

# Mission

- The mission of the Prevention Content Work Group is to develop a model for providing prevention practices in Mental Health consistent with Ohio's "Shared Prevention Framework" and the New Freedom Commission's recommendations.

# Membership

- **Agencies**

- Ohio Department of Alcohol & Drug Addiction Services
- Ohio Department of Education
- Ohio Department of Health
- Ohio Department of Aging
- Ohio Department of Mental Health
- Department of Youth Services

# Membership

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- **Higher Education**

- The Ohio State University, Center for Learning Excellence
- Miami University, Department of Psychology & Center for School Based Mental Health

# Membership

- **Parents**
- **Consumers**
- **Associations**
  - NAMI
  - Ohio Association of County Behavioral Health Authorities
  - CSD of Ohio/ MACC

# Membership

- **Boards & Providers**

- Children’s Hospital, Behavioral Health
- Lucas County ADAS
- Summit County Alcohol, Drug Addiction & Mental Health Services Board
- North Central Mental Health
- Mental Health Association of Licking
- Ohio Suicide Prevention Foundation
- The Community Partnership of Toledo

# Charge of Members

- Determine the state's mental health prevention goals, guidelines, potential funding and other resources;
- Develop local responses to preventing mental illness;
- Create a state level process for reviewing local and state outcomes; and create prevention implementation guidelines that are applicable to county boards, local agencies and cross-systems prevention services providers.

# Guidance Documents

- The New Freedom Commission Report
- Ohio's Shared State Agency Prevention Framework
- Mental Health TSiG Prevention Needs Assessment and Resource Inventory
- Goals & Recommendations (NFC) Achieving the Promise: Transforming Mental Health Care in America
- Position Statement on the Integration of Public Health Promotion and Prevention Strategies in Public Mental Health
- NIDA Preventing Drug Use, *A Research Based Guide*

# Achievements

- ODMH and CLEX identified and created a prevention content working group that consisted of statewide mental health providers, professional board members, mental health prevention specialists, family members and other key stakeholders that reflect the diversity of the state of Ohio.
- Participated in T-SIG comprehensive planning meetings with other content work groups to define and establish prevention in a transforming system.
- Engaged in a facilitated strategic planning process to determine the state's mental health prevention goals, guidelines, potential funding resources, structures or processes for developing local responses to preventing mental illness, a state-level process for reviewing local outcomes, and a state-level plan for reporting local and state progress toward long term goals.
- Analyzed and reported on the needs assessment, resource inventory and gap analysis.
- Completed *A Guide for Providing Prevention Practices in the Mental Healthcare System*

# Guide Development/ Inclusion

- Statement of Need
- What Works!
- Prevention Definition
- Guiding Principles
- Goals for Prevention Services
- Resource

## 8 Guiding Principles

Examples:

- Prevention should be coordinated by many systems
- Prevention should focus on enhancing resiliency
- Prevention should be evidence-based
- Prevention should be culturally competent
- Prevention should be consumer and family driven

# GOALS

## Goal 1

- **Ensure funding for prevention services that support evidence-based mental health practices for the well-being of adults, youth, children, families and the general public.**

## Goal 2

- **Gather and utilize data to guide effective decision making about mental health prevention needs, strategic directions and system performance.**

## Goal 3

- **Increase collaboration and partnerships between traditional and non-traditional prevention systems to strengthen the physical, social, emotional, spiritual and cognitive well-being of individuals, families and the general public.\***

\*Ohio's Transformation State Incentive Grant Plan Goals

# GOALS (CONT.)

## Goal 4

- Collaborate with other systems (e.g., physical health, schools, prisons, senior centers, etc) to provide prevention and early mental health screening assessment across the lifespan.\*

## Goal 5

- Establish and support evidence-based, culturally competent prevention services that promote good mental health and well-being for all individuals and families as a cornerstone of the mental health system.\*

- \*Ohio's Transformation State Incentive Grant Plan Goals

# Lessons Learned

- Ohio's Shared Prevention Framework served as a foundation and helping to initiate the process with a degree of acceptance and understanding.
- It is necessary to receive collective voice from across agency and local representatives in order to obtain a family/consumer driven MH Prevention Framework.
- Participating in a strategic planning model is more oriented toward finding workable, effective solutions and places emphasis on identifying resources and building and integrating evidence-based practice into existing efforts.

# Recommendations for Information Dissemination

- A detailed formal report to include process and content
- An “executive summary” be developed that could function as a “stand alone” document to be widely disseminated
- Key information be available as training materials to be used to build the capacity of Ohio’s Mental Health prevention workforce
- All training/ marketing materials produced include a formal letter of introduction from the Ohio Department of Mental Health

# Diverse Formats for Communication

- Hard Copy Written Materials
- CD Rom
- Web Placement on ODMH Website
- Formal Press Release & Event for Introduction of Documents

# Key Constituents

- Citizens
- United Ways
- Businesses
- Local Providers
- Family Members
- Mental Health Boards
- Local Prevention Coalitions
- Potential and Current Consumers
- Higher Educational Institutions
- Interagency Prevention Partnership (IPP)
- Family and Children First Cabinet Council
- Local Family and Children First Councils
- Program Specific Providers (Red Flags, SOS)
- Other Service Delivery Systems (State Agencies)
- Associations (ADAPAO, SPCA, Board Associations, APA)
- Youth Organizations (Boy Scouts, Boys/Girls Clubs, YMCA, YWCA)
- Advocacy Groups (NAMI, Ohio Federation for Children's Mental Health)

## Organizational Development Chart for ODMH Prevention Services FY 07 - 09

